


NAME





Discussion Prompts

Use these prompts to start a conversation with your class about perseverance, goal setting, and overcoming challenges.

Before discussing, think about each prompt and write down your thoughts and experiences in the spaces below.

 Think about a time you had to do something difficult and wanted to give up, but did it anyway. What helped you persevere?

 During the Marathon of Hope, Terry would count telephone poles, setting the goal of reaching his next destination one pole at a time. What steps do you take to help you reach your goals?

 Terry began each day at 4am, running in all elements of weather. Think about a time you overcame a challenge.

***"The first few miles were the usual torture.
My foot was blistered bad, but my stump wasn't too bad.
Today I had tremendous support. Everybody honked and waved.
People all over looked out of their homes and stores and cheered me on."***

Day 56 | Friday, June 6th, 1980 | Bristol, New Brunswick

Terry ran 30 miles (48.3km) that day, a total of 1376 miles (2214.5km) in total to that point.