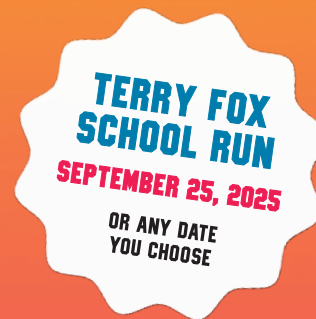


# WELCOME TERRY FOX CHAMPIONS!



## Get ready! We're celebrating 45 Years of the Marathon of Hope!

What a special year it is! We're thrilled to welcome you to this year's Terry Fox School Run, a powerful tradition that unites students across Canada to raise funds for cancer research.

Forty-five years ago, Terry showed us what effort, courage, determination, and hope can achieve. He may have started with a dream and one step, but today, millions continue his journey, step by step, stride by stride, coast to coast to coast. The goal to achieve Terry's vision of a world without cancer is an audacious one, yet the path is clear: we must finish the marathon against cancer and with the support of all Canadians, we will.

This year, we're turning up the energy, the inspiration, and the FUN! Whether you're organizing an assembly, recruiting student leaders or updating your giant goal poster (with a fantastic new fundraising amount!), your efforts matter. Thank you for being a part of this extraordinary mission and inspiring our next generation of compassionate and driven "Terry Foxers". Together, we can make a lasting impact and help achieve what Terry started.

### Check out our extra awesome Anniversary resources:



Virtual meetups with cancer researchers, survivors and Fox family members

45 Fun and fabulous fundraising ideas for the 45th Anniversary!



Complete digital toolkit to share your Run Day on social media

Morning announcements, student certificates, Terry trivia and more



So get ready to show your school spirit and know that you're part of something BIG! Terry believed in the power of young people – and their ability to change the lives of so many.

Let's keep Terry's dream alive, one school, one student, one step at a time. Together, we can finish it.

With gratitude and so, so much excitement,

*Natalie*

Natalie – BC & YT

*Chantal*

Chantal – AB, NWT & NT

*Deanna*

Deanna – SK & MB

*Lyne*

Lyne – QC

*Ashley*

Ashley – Atlantic

*Pamela Lisa Nishi*

Pamela, Lisa & Nishi – ON

# WHO WAS TERRY FOX?

Terry was born in Winnipeg, MB and raised in Port Coquitlam, BC with brothers Fred and Darrell and sister Judith. At age 18 he was diagnosed with osteogenic sarcoma (a type of bone cancer) in his right leg, which led to the leg being amputated above the knee. For some people, losing a leg might seem like the end of everything. But for Terry, it was the start of everything.

During his 18 months of treatment, Terry met many people also facing cancer, including children. He wanted to do something to help so he decided to run across Canada to raise money for cancer research. He called his run the Marathon of Hope.

**Terry wasn't much older than you when he set this bold goal to help others. What goals will you set for yourself?**

**Student's Full Name:** \_\_\_\_\_

**School:** \_\_\_\_\_

**City:** \_\_\_\_\_

## Not sure how to use this form?

Use this sheet to record your cash or cheque donations so that your donors are receipted. Amounts of \$20 and up are automatically receipted. Tell your donors to make cheques payable to "Terry Fox Foundation" and be sure to enter ALL of their address info.

NAME: _____			\$ _____
APT: _____	ADDRESS: _____	CITY: _____	
Full mailing address required for tax receipt			CASH <input type="checkbox"/>
POSTAL CODE: _____	PROV: _____		CHEQUE <input type="checkbox"/>
EMAIL: _____			
NAME: _____			\$ _____
APT: _____	ADDRESS: _____	CITY: _____	
Full mailing address required for tax receipt			CASH <input type="checkbox"/>
POSTAL CODE: _____	PROV: _____		CHEQUE <input type="checkbox"/>
EMAIL: _____			
NAME: _____			\$ _____
APT: _____	ADDRESS: _____	CITY: _____	
Full mailing address required for tax receipt			CASH <input type="checkbox"/>
POSTAL CODE: _____	PROV: _____		CHEQUE <input type="checkbox"/>
EMAIL: _____			
NAME: _____			\$ _____
APT: _____	ADDRESS: _____	CITY: _____	
Full mailing address required for tax receipt			CASH <input type="checkbox"/>
POSTAL CODE: _____	PROV: _____		CHEQUE <input type="checkbox"/>
EMAIL: _____			



Scan this QR code to fundraise online and set up a student page

**GRAND TOTAL:**

\$ \_\_\_\_\_

# 2025 TERRY FOX RUN PLEDGE SHEET



**My goal is:**

\$ \_\_\_\_\_

**YOU DID IT!**

**ALMOST THERE!**

**KEEP GOING!**



**GREAT START!**



# HEY THERE, TERRY FOXER!

It's here! The moment you've been waiting for - your chance to make a big difference in our world. It's true! By working together, we can raise money to help people with cancer so they can have better lives! Fundraising might sound hard to some, but it's not. It's just a way of collecting money to support a good cause.

Once you set a goal and see donations rolling in, you won't want to stop!

There are so many fun ways to do it...



- **Make some cool crafts and sell them in your neighborhood**

- **Organize a yummy bake sale with your class**

- **Share a special skill, like playing the piano for a friends and family show**

- **Ask your family and friends to donate and help you reach your goal**



- **Set up a lemonade stand in your neighborhood**

- **Hold a neighborhood car wash with your friends**

- **Start a fun campaign with your fundraising goal on social media**

- **Organize a talent show with your friends AND teachers!**

- **Ask your school to hold a raffle or silent auction**

- **Cut your neighbor's grass or clean out their garage**



- **Who doesn't like dog walking?!**



- **Plan a teachers vs students trivia night**

The best part? Every little bit counts! Even a few dollars can make a BIG difference. Let's show the world how awesome we Canadians are when we help others!

**THE FUTURE IS IN YOUR HANDS,  
AND YOU HAVE THE POWER TO CHANGE IT,  
JUST LIKE TERRY DID!**



# FINISH IT.

## 2025 SCHOOL RUN MERCHANDISE



Front

Back

**Shirt Colour/Language:**  
**Black/English or French.**  
**100% cotton, crew neck tee.**

This year's limited-edition 45th anniversary tshirt features the Finish It logo—symbolizing our shared commitment to help finish Terry's marathon against cancer.

On the back of the shirt, Terry runs ahead— seen from behind, leading millions across Canada to carry forward his fight against cancer.

*(All sales are added to your school's fundraising total.)*

### How To Place Your Order

1. Collect student or staff orders by copying and distributing the attached "Student Order" form or collect orders online through your school's internal portal (ex: Schoolcash Online). Schoolcash Online has already created a template for you to use!
2. Go to [shop.terryfoxschools.org](http://shop.terryfoxschools.org) and enter your full school order online. Questions? Call 1-888-836-9786.  
Note: Please do not share our order page link (above) with your school community as we are not able to accept individual family/student orders or ship to them directly.

### Helpful Tips

- Orders can be paid by credit card online at time of purchase or by selecting an invoice to pay later.
- Shipping is free for orders of 3 shirts or more. For orders less than 3, a \$6 shipping fee will be charged. Shipments are sent to school addresses only.
- Orders received by 2pm ET are processed same day. Please allow up to 5 business days for shipping.
- All orders are final and non-returnable.

## YOUR 2025 T-SHIRT WORKSHEET

Enter Qty's below to help you total your orders and then enter your full order online at [shop.terryfoxschools.org](http://shop.terryfoxschools.org)

Youth Shirts \$25	Qty (English)	Qty (French)
6X (XS) W: 16"/L: 20.5"		
8 (S) W: 17"/L: 22"		
10 (M) W: 18"/L: 23.5"		

Adult Shirts \$30	Qty (English)	Qty (French)
Small W: 18"/L: 28"		
Medium W: 20"/L: 29"		
Large W: 22"/L: 30"		
XL W: 24"/L: 31"		
XXL W: 26"/L: 32"		

# FINISH IT.

## TERRY FOX SCHOOL RUN

### Run Organizer Instructions - Collecting Tshirt Orders

Use this form to collect total numbers/sizes of shirts for your bulk order.

**Step One:** Fill in your order due date and instructions regarding payment below.

**Step Two:** Copy and distribute this form to students to collect orders.

**Step Three:** Once you have collected all orders, enter the total # of each size on the attached bulk order form for your record, and then submit order online at [terryfoxschoolrun.org/shop](http://terryfoxschoolrun.org/shop).

## STUDENT ORDER FORM 2025 TERRY FOX T-SHIRTS

**Orders Due Date:** .....

**Payment Instructions:** .....

.....

*Parents/Caregivers: Complete the section below and return to your child's teacher with payment as per instructions indicated.*



Front

Back

**Shirt Colour/Language:**  
**Black/English or French.**  
**100% cotton, crew neck tee.**

This year's limited-edition 45th anniversary tshirt features the Finish It logo—symbolizing our shared commitment to help finish Terry's marathon against cancer.

On the back of the shirt, Terry runs ahead— seen from behind, leading millions across Canada to carry forward his fight against cancer.

*(All sales are added to your school's fundraising total.)*

**Student Name:**

.....

**Teacher Name:**

.....

**Room #/Grade:**

.....

### Youth Shirts \$25

Qty (ENG)

Qty (FR)

6X (XS) W: 16"/L: 20.5"

8 (S) W: 17"/L: 22"

10 (M) W: 18"/L: 23.5"

### Adult Shirts \$30

Qty (ENG)

Qty (FR)

Small W: 18"/L: 28"

Medium W: 20"/L: 29"

Large W: 22"/L: 30"

XL W: 24"/L: 31"

XXL W: 26"/L: 32"

**Total enclosed**

**\$**

# 2025 TERRY FOX SCHOOL RUN POST RUN REPORT

WHEN YOU HAVE FINISHED FUNDRAISING FOR YOUR EVENT, PLEASE FILL IN THIS FORM AND SEND IT, ALONG WITH ANY CHEQUES AND PLEDGE SHEETS, TO YOUR REGIONAL OFFICE ADDRESS LISTED ON THE BACK. PLEASE DO NOT SEND CASH. IF YOUR SCHOOL FUNDRAISED ONLINE ONLY, YOU DO NOT NEED TO SEND US THIS FORM.

SCHOOL NAME :

SITE NUMBER

SCHOOL CITY + PROV :

ORGANIZER NAME(S) :

ORGANIZER EMAIL(S) :

GENERAL SCHOOL EMAIL :

PRINCIPAL NAME :

PRINCIPAL EMAIL :

# OF PARTICIPANTS :

FUNDRAISING SUMMARY	
DONATIONS COLLECTED (CASH/CHEQUES)	\$
MERCHANDISE SALES	\$
ONLINE FUNDS	\$
FUNDRAISING GRAND TOTAL	\$

ENCLOSED FUNDS SUMMARY	
(PLEASE <u>DO NOT</u> SEND CASH IN THE MAIL)	
SCHOOL CHEQUE(S)	\$
SCHOOL BOARD / DIVISION CHEQUES	\$
DONOR CHEQUE(S)	\$
OTHER (CASH/CHEQUES)	\$
ENCLOSED FUNDS TOTAL	\$

OFFICE USE

COMMENTS/SUGGESTIONS:



**PLEASE SEND YOUR COMPLETED FORM, ENCLOSED WITH YOUR FUNDS AND ANY PLEDGE SHEETS, TO:**

**BRITISH COLUMBIA / YUKON**

330-2755 Lougheed Highway  
Port Coquitlam, BC V3B 5Y9

**NATALIE.ANDERSON@TERRYFOX.ORG**

**MANITOBA / SASKATCHEWAN**

Unit 886 – 167 Lombard Ave  
Winnipeg, Manitoba R3B 0V3

**DEANNA.HOLOWACHUK@TERRYFOX.ORG**

**QUEBEC**

400-8255 Mountain Sights  
Montreal, QC H4P 2B5

**LYNE.BENOIT@TERRYFOX.ORG**

**ALBERTA / NWT / NUNAVUT**

Unit 16A – 6120 2 Street SE  
Calgary, AB T2H 2L8

**CHANTAL.SNODGRASS@TERRYFOX.ORG**

**ONTARIO**

Unit 200 – 250 Ferrand Drive  
Toronto, ON M3C 3G8

**ONSCHOOL@TERRYFOX.ORG**

**ATLANTIC PROVINCES**

Unit 103 – 3600 Kempt Road  
Halifax, NS B3K 4X8

**ASHLEY.BLENKHORN@TERRYFOX.ORG**

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**QUESTIONS? CALL US TOLL FREE : 1 (888) 836 – 9786 OR VISIT OUR WEBSITE : [WWW.TERRYFOX.SCHOOLRUN.ORG](http://WWW.TERRYFOX.SCHOOLRUN.ORG)**

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**DO I NEED TO INCLUDE ANY PAPERWORK WITH MY SCHOOL FUNDS?**

- Yes; please include this form and any pledge sheets you've collected when mailing in your funds.

**WHO SHOULD CHEQUES BE MADE PAYABLE TO?**

- Please make all cheques payable to "The Terry Fox Foundation" or "The Terry Fox School Run".

**WHAT DO I DO WITH PERSONAL CHEQUES FROM DONORS MADE PAYABLE TO OUR SCHOOL?**

- Deposit these cheques into your school bank account and issue a school cheque made payable to us for the full amount. Send the school cheque to the address noted above.
  - Please note: we are able to accept personal cheques from donors that are made out to us.

**WHAT DO I DO WITH CASH DONATIONS RECEIVED AT OUR SCHOOL?**

- Please DO NOT send cash/coin in the mail or by courier to us. Please count the cash, deposit the full amount into your school bank account, and mail a cheque to the address noted above.

**WHAT DO I DO WITH PLEDGE SHEETS THAT I HAVE RECEIVED?**

- Send in all pledge sheets that were returned to you by students/teachers. Any donation of \$20 or more with a complete donor name and address will be automatically issued a receipt. If a donor requires a receipt for a donation less than \$20, please make a note on the pledge sheet beside the donor information.

**HOW DO I SUBMIT FUNDS FOR PURCHASED MERCHANDISE?**

- Funds may be sent to us in a combined school cheque of donations and merchandise payment, or in separate school/donation cheques. Please record money received for merchandise on the front of this page. Donations cannot be used as payment for merchandise.

# FINISH IT.

Some helpful info to share about our school's Terry Fox Run...

## Event info for parents/caregivers and students

Our school is excited to take part in the 45th Anniversary of Terry Fox's Marathon of Hope. Terry Started a marathon against cancer. Together, we can help finish it.

### Our Terry Fox School Run/Event Details

Date/Time: \_\_\_\_\_

Additional Info: \_\_\_\_\_

### Show Your Support By:

- ☐ Online Fundraising: Donate by scanning the QR code and searching for your school name. Students and/or classrooms can even set up their own personalized page under their school link. All donations are receipted immediately by email.
- ☐ Collect cash and/or cheque donations (cheques made payable to The Terry Fox Foundation)
- ☐ Use a pledge sheet to submit any donations that require a tax receipt, available at [terryfoxschoolrun.org/resources](http://terryfoxschoolrun.org/resources). Donations of \$20 or more recorded on a pledge sheet are automatically receipted.
- ☐ If your school uses an internal portal (ex: Schoolcash Online), follow the instructions provided by your school office.



### Terry's Story

At the age of 18, Terry Fox was diagnosed with osteogenic sarcoma and was forced to have his right leg removed. Determined to help others suffering from cancer, he decided to run across Canada, running a marathon a day for 143 days, to raise funds for cancer research. Unfortunately, Terry's cancer returned and he was forced to end his Marathon of Hope, but his legacy had only just begun.

Today, the future of cancer research is very bright. The Terry Fox Foundation funds a variety of different cancer research projects such as lung, breast, ovarian, colorectal, pediatric, prostate, brain and blood. With your support, we will continue to make a difference in the fight against cancer.



### How to help our school fundraise:

- Share our school's fundraising link.
- Help your child create a fundraising page under our school link.
- Get family and friends to donate.
- Download a pledge sheet and collect cash or cheques.
- More fun ways to fundraise: bake sales, lemonade stands, car washes, dog walking, talent shows, raffles, silent auctions, trivia night, secondhand book sale, craft jewellery sales...



# USE SCHOOLCASH ONLINE TO COLLECT DONATIONS AND TSHIRT ORDERS!

If your school uses “SchoolCash Online” to collect Terry Fox School Run donations or t-shirt orders, then this special announcement is for you!

The SchoolCash Online team has made templates for you to use and quickly set up Terry Fox donation and t-shirt ordering catalog items for your school community.

## COLLECTING TERRY FOX RUN DONATIONS FROM YOUR SCHOOL COMMUNITY

Donations made online to your school @terryfoxschoolrun.org will be attributed directly to your school’s fundraising total. Donors are emailed their receipts at time of donation.

1. Go to your SchoolCash catalog and select “Browse Templates.”
2. Find the appropriate template depending on the language spoken at your school.
3. Select the item “Terry Fox Donation” from the list and click “Create.”
4. Go to [terryfoxschoolrun.org](http://terryfoxschoolrun.org) and click “Find A School” from the menu. Search for your school name and select your school/city. Click your school page and copy your school’s Terry Fox donation link and paste into the SchoolCash Online item.
5. Save the newly created item and attach all of your school’s students to it in order to ensure the parents/guardians receive a notification and reminders.

## COLLECTING TERRY FOX RUN T-SHIRT ORDERS FROM YOUR SCHOOL COMMUNITY

1. Go to your SchoolCash catalog and select “Browse Templates.”
2. Find the appropriate template depending on the language spoken at your school.
3. Select the item “Terry Fox Run T-Shirt” from the list and click “Create.”
4. In the newly created item in your catalog, find the Option by the name English T-Shirt/T-Shirt Anglais and/or French T-Shirt/T-Shirt Français and set the shirt cost to be charged. Prices below are Terry Fox Foundation prices. NOTE – SchoolCash Online admin fee is not included so please increase figures below to include the admin fees as needed. The prices displayed below indicate the total cost of each shirt that must be paid to the Terry Fox Foundation. There is no tax and shipping to your school is free.
  - Youth shirts sizes 6x,8, 10 - \$25.00
  - Adult shirts (sizes S,M,L, XL, XXL) - \$30.00
5. Save the newly created item and attach all of your school’s students to it in order to ensure the parents/guardians receive a notification and reminders.

## HOW TO PLACE YOUR TERRY FOX RUN T-SHIRT ORDER

1. Once you have received all of your t-shirt orders, run the “Item Option Report” and select the corresponding item for your preferred language to see total quantities ordered.
2. Go to [shop.terryfoxschool.org](http://shop.terryfoxschool.org) and enter your bulk order to be shipped directly to your school. Please allow up to 4 business days for shipping by Purolator. Areas that are more remote and require Canada Post should allow for a longer shipping period.
3. Payment can be made by credit card at time of purchase or by selecting school invoice and sending a cheque for purchases at a later date.

