



POST RUN SPEECH

A Wrap Up presentation is a great way to celebrate your school's success and keep the momentum going. Use this sample speech to thank everyone that donated, volunteered, and participated in your event. You can customize it to share how much your school fundraised and the results of all of your fun "Try Like Terry" challenges and activities.

SECTION	POST-RUN SPEECH
Introduction 2 minutes	<p>Hello everyone! My name is _____ and I am speaking to you today to acknowledge the wonderful success of our Terry Fox event and to thank you all for your enthusiasm and support! Terry began his Marathon of Hope in 1980 to help others who were suffering from cancer by raising funds for cancer research.</p> <p>Terry was not the greatest athlete, yet he managed to run 42 kilometers a day for 143 days, through all types of bad weather and terrain, while his leg was in a lot of pain. His goal was to collect \$1 from every Canadian, and with help from coast to coast to coast, his dream was realized when the Marathon of Hope raised \$24 million in the first year.</p> <p>To date, the Terry Fox Foundation has raised over \$950 million for cancer research, and we are all part of this incredible legacy! Thank you!</p>
Where do the funds go? 3 minutes	<p>You may be wondering what happens to the money that is raised by our Terry Fox Run. The funds that the Terry Fox Foundation receives go to the Terry Fox Research Institute to help scientists and researchers across Canada develop new and better treatments for cancer patients. Every dollar that we raise is making a difference in the lives of cancer patients. Many people thought Terry's goal of running across Canada was impossible, especially on a prosthetic leg. However, Terry once said, "I want to try the impossible to show it can be done" because he truly believed that one person could make a difference.</p> <p>Even though Terry did not finish his Marathon of Hope, every year we continue the tradition of holding a Terry Fox event to raise funds for cancer research, for everyone who has been touched by cancer. Since 1980, many advances in cancer research and treatments have been made and the chances of beating cancer are better than ever!</p>



<p>How much did we raise?</p> <p>4 minutes</p>	<p>Thanks to your hard work to fundraise for cancer research, we are all making our world a better place. And now, the moment we have all been waiting for, I am happy to share how much ____INSERT SCHOOL NAME HERE____ has raised for cancer research this year.</p> <p>(Invite principal, teachers, or a few volunteers to come up and unveil a giant cheque with the total amount of funds raised from your Run.) Congratulations everyone!</p> <p>We have successfully raised ____INSERT AMOUNT RAISED____ for our 2025 Terry Fox Run! Thank you to everyone who donated, volunteered, and participated. With your support, we are moving closer to Terry's dream of a world without cancer.</p>
<p>For schools doing a "Try Like Terry" challenge</p> <p>2 minutes</p>	<p>Even though Terry wasn't the best runner or athlete, he was all about effort and he never gave up! Terry set big goals every day, and then he gave his biggest try to accomplish them.</p> <p>This year, some of our goals included ____CHALLENGE EVENTS____, and in the end, we raised ____INSERT AMOUNT RAISED____.</p> <p>Whether we meet our goals or not, all that matters is that we try! Terry had to stop running when his cancer came back, but his efforts are still inspiring us and changing the world four decades later! Congratulations everyone on your amazing efforts this year and for giving your biggest try like Terry!</p>
<p>Thank you!</p> <p>2 minutes</p>	<p>Thank you everyone for working so hard to keep Terry Fox's dream alive. Terry brought our country together 45 years ago and now all of us are continuing his legacy. Your fundraising efforts will make an impact on the lives of Canadians, and we should all be very proud of that. Just like Terry said, "It's got to keep going without me." Thank you.</p> <p>Let's all continue to try like Terry!</p>